

West Fargo Packers
Cross Country Camp
Fall 2023

Dates and Times:

Tuesday, Wednesday, Thursday 5-6 PM
August 29th - September 21st, 2023

Focus:

Running Form, Technique, Agility, and Basic Fundamentals.
The camp will conclude with an elementary mile run.

Location:

Maplewood Park
1504 17th Ave W, West Fargo

Ages:

Grades 4-6

Camp Fee:

\$75/athlete

Questions:

Please contact Brad Amundson at
bamundson@west-fargo.k12.nd.us

Clip and send this registration form
along with your payment to:

WFHS XC Camp
801 9th St. E
West Fargo, ND 58078

Please make checks payable to:
WFHS
Memo: XC camp

Athlete Name: _____

Grade 2023/2024:

Parent Name: _____

Parent Phone: _____

Parent Email: _____

**I hereby state that my child is covered by insurance and
I understand that there are physical risks involved.**

**I will not hold Brad Amundson, his coaching staff, or
West Fargo High School responsible for any accidents.**

Parent/Guardian Signature:

Date: _____



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